



team tours . tournaments . player academies . fanatics tours

Itinerary* – 10 Days/9 Nights – Grasshopper FC - August 2010 – Vancouver, Canada

Updated 12/31/09

Vancouver, British Columbia

Thu-Sun, Aug 6-15, 2010

Day 1	Fri, Aug 6	Arrival, Hotel Check-In, Orientation/Free-Time
Depart from Boston Logan Airport (BOS) Arrive at Vancouver International Airport (YVR) Transfer to Point Grey area (University of British Columbia) (30 min) Check-in at hotel (UBC Totem Park Residence) Free-Time (relax, explore surroundings, etc.) Dinner (out-of-pocket) Overnight at hotel		
Day 2	Sat, Aug 7	Training #1, Option to Attend Pro Match
Breakfast at hotel (included meal) Transfer to training facility (walking distance) Training Session #1 (at high-quality facility at UBC) Lunch (out-of-pocket) Transfer to Swangard Stadium in Burnaby (5-15 min) Option to Attend Pro Match (Vancouver Whitecaps) Dinner (out-of-pocket) Overnight at hotel		
Day 3	Sun, Aug 8	Vancouver City Tour, Match #1
Breakfast at hotel (included meal) Vancouver City Tour (bus/walking city tour, including various downtown Vancouver points of interest) Lunch (out-of-pocket) Transfer to Vancouver area facility (10-30 min) Friendship Match #1 (v. local club teams) Dinner (out-of-pocket) Overnight at hotel		
Day 4	Mon, Aug 9	Training #2, Whitecaps Tour, Free-Time
Breakfast at hotel (included meal) Transfer to training facility (walking distance) Training Session #2 (at high-quality facility at UBC) (with Pro Trainers from Whitecaps) Whitecaps Tour (behind-the-scenes club visit at Vancouver Whitecaps) Lunch (out-of-pocket) Free-Time (relax, explore, shopping, hiking, etc.) Dinner (out-of-pocket) Overnight at hotel		
Day 5	Tue, Aug 10	Option to Attend Pro Training, Match #2
Breakfast at hotel (included meal) Option to Attend Pro Training (Vancouver Whitecaps Men's and/or Women's first teams) Lunch (out-of-pocket) Transfer to Vancouver area facility (10-30 min) Friendship Match #2 (v. local club teams)		



team tours . tournaments . player academies . fanatics tours

Dinner (out-of-pocket)		
Overnight at hotel		
Day 6	Wed, Aug 11	North Shore Tour
Breakfast at hotel (included meal)		
North Shore Tour (visit to Capilano River Regional Park, including Capilano Suspension Bridge)		
Lunch (out-of-pocket)		
North Shore Tour (visit to Grouse Mountain with spectacular views of the mountains, ocean, islands, etc.)		
Dinner (out-of-pocket)		
Overnight at hotel		
Day 7	Thu, Aug 12	Training #3, Free-Time
Breakfast at hotel (included meal)		
Transfer to training facility (walking distance)		
Training Session #3 (at high-quality facility at UBC)		
Lunch (out-of-pocket)		
Free-Time (relax, explore, shopping, hiking, etc.)		
Dinner (out-of-pocket)		
Overnight at hotel		
Day 8	Fri, Aug 13	Free-Time, Match #3
Breakfast at hotel (included meal)		
Free-Time (relax, explore, shopping, hiking, etc.)		
Lunch (out-of-pocket)		
Friendship Match #3 (v. local club teams)		
Dinner (out-of-pocket)		
Overnight at hotel		
Day 9	Sat, Aug 14	Free-Time (Options for Formal & Informal Day Tours)
Breakfast at hotel (included meal)		
Free-Time (Option: Formal Tour to Victoria or Whistler Mountain) (approx. \$CAN 150)		
Free-Time (Option: Informal Day Visit to Bowen Island off of North Shore – ferry ride, hiking, lunch, etc.)		
Lunch (out-of-pocket)		
Free-Time (cont'd)		
Dinner (out-of-pocket)		
Overnight at hotel		
Day 10	Sun, Aug 15	Departure, Return Home
Breakfast at hotel (included meal)		
Transfer to Vancouver Airport (30min)		
Depart from Vancouver International Airport (YVR) to Boston		
Arrive in Boston Logan Airport (BOS)		



team tours . tournaments . player academies . fanatics tours

Maps – Vancouver, Victoria, Point Grey (UBC), Burnaby, North Shore, Bowen Island

